

KIDEO

CONFERENCE

2027

King's Clinical Update on
Diabetes, Endocrinology,
Obesity & Longevity

Save the Date



Saturday, 16 January 2027



Sofitel Dubai Downtown, UAE



CME Accreditation in process

Conference
Brochure



Welcome Message



Dr. Jawad Bashir



Dr. Emran Ghaffar Khan

and Longevity
Dear Colleagues,

On behalf of the Scientific and Organising Committee, it is our great pleasure to welcome you to **KIDEO 2027 – King's Clinical Update on Diabetes, Endocrinology, Obesity and Longevity**, taking place on **16 January 2027** at **Sofitel Dubai Downtown, Dubai, UAE**.

Following the success of the first edition, **KIDEO 2027** returns as a focused clinical meeting bringing together distinguished UK, international, and regional experts to explore the rapidly evolving landscape of **diabetes, endocrinology, obesity, and cardiorenal-metabolic care**.

The scientific programme has been carefully designed to provide healthcare professionals with the latest evidence-based updates, practical clinical insights, and expert perspectives that can be directly translated into everyday practice. Through engaging presentations, discussions, and multidisciplinary exchange, the conference aims to support better clinical decision-making and improved patient outcomes.

KIDEO 2027 will welcome diabetologists, endocrinologists, cardiologists, nephrologists, internists, family physicians, primary care professionals, and other healthcare specialists involved in metabolic disease management. Beyond scientific learning, the meeting will provide an excellent platform for professional networking, collaboration, and meaningful engagement with colleagues and clinical leaders from across the UAE and the wider region.

We are also grateful to our industry partners and supporters whose collaboration contributes significantly to the success of this educational initiative and to the advancement of high-quality medical education and patient care.

We look forward to welcoming you to Dubai for an inspiring and enriching day of learning, collaboration, and scientific exchange at **KIDEO 2027**.



Dr. Jawad Bashir
Conference Chair
Consultant Endocrinologist, Diabetologist
King's College Hospital London, UAE



Dr. Emran Ghaffar Khan
Conference Co-Chair
Medical Director - King's Institute of Diabetes & Endocrine & Obesity & Consultant Endocrinology & Internal Medicine, King's College Hospital London, UAE

Scientific Committee

**Dr. Jawad Bashir**

Conference Chair
Consultant Endocrinologist,
Diabetologist, King's Institute of
Diabetes, Endocrinology, and Obesity
(KIDEO)

**Dr. Emran Ghaffar Khan**

Conference Co-Chair
Medical Director - King's Institute of Diabetes
& Endocrine and Obesity and Consultant
Endocrinology & Internal Medicine,
King's Institute of Diabetes, Endocrinology,
and Obesity (KIDEO)

**Dr. Mohammad Sadiq
Jeeyavudeen**

Consultant Endocrinologist,
King's Institute of Diabetes,
Endocrinology, and Obesity (KIDEO)

**Dr. Hammad Bajwa**

Consultant Endocrinologist,
King's Institute of Diabetes,
Endocrinology, and Obesity (KIDEO)

**Dr. Aaisha Saqib**

MBBS, BSc MRCP
(Diabetes & Endocrine)
FRCP (London),
Association of British
Clinical Diabetologists (ABCD)

**Dr. Dipesh C. Patel**

Consultant Physician Diabetes, Endocrinology,
Cardiovascular and Renal Outcomes Trials,
Honorary Clinical Associate Professor UCL,
Key Opinion Leader, Association of British
Clinical Diabetologists (ABCD)

**Dr. Alistair Lumb**

Consultant in Diabetes
Oxford University Hospital
NHS Foundation Trust,
Association of British
Clinical Diabetologists (ABCD)

**Dr. Momin Kamal Shah**

Consultant Endocrinologist,
Diabetologist, and Internal Medicine,
King's Institute of Diabetes, Endocrinology,
and Obesity (KIDEO)

**Dr. Sakina Koubek**

Consultant Endocrinologist
& Internal Medicine,
King's Institute of Diabetes,
Endocrinology, and Obesity (KIDEO)

**Dr. Muhammad Owais Murtaza**

Consultant Endocrinologist
& Internal Medicine,
King's Institute of Diabetes,
Endocrinology, and Obesity (KIDEO)

**Margaret O'Sullivan**

Diabetes Specialist Nurse
& Diabetes Educator,
King's Institute of Diabetes,
Endocrinology, and Obesity (KIDEO)

Conference Objectives

1. Review the latest advances in diabetes, endocrinology, obesity, cardiorenal-metabolic medicine, and longevity.
2. Explore emerging therapies and technologies in diabetes, obesity, and metabolic disease management.
3. Understand integrated cardiorenal-metabolic approaches to improve patient outcomes and long-term health.
4. Apply evidence-based strategies to the management of complex diabetes and endocrine disorders.
5. Discuss advances in obesity management and multidisciplinary approaches to improving metabolic health.
6. Review emerging developments in endocrinology and longevity and their implications for clinical practice.
7. Promote personalised and multidisciplinary approaches to metabolic disease management and healthy ageing.
8. Exchange clinical knowledge and experiences with leading UK, international, and regional experts.

Key Clinical Focus Areas

- Diabetes & Advanced Diabetes Management
- Obesity & Metabolic Health
- Cardiorenal-Metabolic (CRM) Syndrome
- Endocrinology
- Longevity & Healthy Ageing
- Emerging Therapies & Technologies
- Multidisciplinary Approaches to Metabolic Disease

Target Audience

- Endocrinologists & Diabetologists
- Internal Medicine Physicians
- Cardiologists
- Nephrologists & Renal Physicians
- Obstetricians & Gynecologists
- Family Medicine Physicians
- Hospitalists
- Thyroid Surgeons
- Diabetes Educators & Dietitians
- General Practitioners
- Allied Healthcare Professionals

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16 January 2027

Sofitel Dubai Downtown, UAE

HOWTO REGISTER

Tel.: +971 2 4919888

Personal Details

Full Name:

Job Title:

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Mobile:

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☐ Yes, I would like to receive information on future events by e-mail.
 ☐ I do not want my address to appear on the delegates list.

Registration Fees

Please select the congress that is relevant to your speciality.

Category	Early Bird Registration Fee	Regular Registration Fee
☐ Doctors	AED 600	AED 750
☐ Nurses / Allied Health Professionals	AED 400	AED 500
☐ Residents/Students	AED 200	AED 300

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online, Credit card, Cheque, Bank drafts in AED.

***Additional 5% VAT will be Applicable on all Fees**

Payments

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Middle East North Africa Conference Company LLC

For registration and further information, please contact

Mr. Fred

Ph: +971 2 4919888, Mob: +971 565033749,

Email: fred@menaconference.com

Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than one week before the event are non refundable.

Event Venue

Sofitel Dubai Downtown, UAE



K.I.D.E.O

King's Institute of Diabetes,
Endocrinology, & Obesity

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Middle East North Africa Conference Company LLC
www.menaconference.com

For registration and further information, please contact

Ph.: +971 2 4919888 - Mob.: +971 56 503 3749

Email: fred@menaconference.com