

11th Annual Regional Anesthesia Conference: Dubai 2026

06th –08th November 2026. Dubai, United Arab Emirates

Friday 06th November

14:00-14:10	▶ Welcome to Dubai	<i>Admir Hadzic Amar Salti</i>
14:10-14:30	▶ Five Steps to Become a Nerve Block Pro <i>NYSORA Educational Principles</i>	<i>Admir Hadzic</i>
14:30-14:50	▶ Upper Extremity Blocks: Technique Updates	<i>Catherine Vandepitte</i>
14:50-15:10	▶ How Regional Anesthesia Works: New Insights	<i>Admir Hadzic</i>
15:10-15:30	▶ Interactive Q&A	
15:30-15:50	▶ Coffee Break	
15:50-16:10	▶ Essential Ultrasound Anatomy: Upper Extremity (Neck to Wrist)	<i>Amar Salti</i>
16:10-17:10	▶ New Regional Anesthesia Techniques: What Really Works And What Doesn't?	<i>Yavuz Gurkan</i>
17:10-17:30	▶ Interactive Q&A	

Saturday 07th November

09:00-09:20	▶ Spinal vs General Anesthesia for Total Joint Replacement <i>NYSORA Protocols for TKA, THA, Same-Day Hips</i>	<i>Admir Hadzic</i>
09:20-09:40	▶ Five Most Useful Blocks in Private Practice	<i>Jerry Jones</i>
09:40-10:00	▶ Complications of Nerve Blocks: How To Avoid Them	<i>Admir Hadzic</i>
10:00-10:20	▶ Lower Extremity Block Techniques: Key Updates	<i>Catherine Vandepitte</i>
10:20-10:40	▶ Perioperative Anticoagulation Management	<i>Amar Salti</i>
10:40-11:00	▶ Interactive Q&A	
11:00-11:20	▶ Coffee Break	
11:20-11:40	▶ Truncal Blocks: Updates & NYSORA Protocols	<i>Jerry Jones</i>
11:40-12:40	▶ Mechanism and Indications for ESP Blocks	<i>Admir Hadzic</i>
12:40-13:00	▶ Interactive Q&A	

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13:00-14:00	▶ Lunch Break	
14:00-14:20	▶ Latest Trends in Interventional Pain Medicine	<i>Amar Salti</i>
14:20-14:30	▶ Epidural Advances: Ultrasound and New Equipment	<i>Catherine Vandepitte</i>
14:30-14:50	▶ Catheters No Nonsense Tips for Success and Safety	<i>Yavuz Gurkan</i>
14:50-15:10	▶ Regional Anesthesia for Chest Trauma	<i>Sebastian Block</i>
15:10-15:30	▶ Interactive Q&A	
15:30-15:50	▶ Coffee Break	
15:50-16:10	▶ Intrathecal Morphine: Doses, Safety, and Monitoring Protocols	<i>Amar Salti</i>
16:10-16:30	▶ Optimizing Anesthesia After Same-Day THA	<i>Sebastian Block</i>
16:30-16:50	▶ Nerve Blocks: Avoid These Common Mistakes	<i>Jerry Jones</i>
16:50-17:10	▶ Interactive Q&A	

NERVE BLOCKS AND FASCIA PLANE DEMONSTRATIONS

Sunday 08th November

08:00-10:00	▶ Upper Extremity
10:15-12:15	▶ Lower Extremity
13:00-15:00	▶ Truncal and Neuraxial Blocks

This master-class style program focuses on the practical strategy behind performing reliable nerve blocks and fascial plane blocks. Through simultaneous live ultrasound scanning demonstrations, faculty will present NYSORA's structured 1-2-3 approach to regional anesthesia, highlighting probe positioning, surface anatomy landmarks, and the key anatomical targets required for block success.

Teaching is delivered in a dynamic picture-in-picture format, allowing participants to see both probe position and ultrasound images simultaneously, complemented by clinical videos, NYSORA illustrations, and reverse-ultrasound animations. A unique highlight is the 3-D virtual cadaver dissection, enabling participants to explore fascial layers, nerve pathways, and injectate spread in three dimensions.

Faculty will emphasize clinical decision-making, including injection strategies, appropriate local anesthetic volumes, and common pitfalls to avoid.

Designed to accommodate a large audience seeking an in-depth technique master class, this program does not include hands-on training but provides a comprehensive visual and conceptual understanding valuable for clinicians at all levels of experience.