



2nd MENA METABOLIC & OBESITY CONFERENCE (MMOC)

PROGRAM

17-18 OCTOBER, 2026
Cleveland Clinic Abu Dhabi (CCAD)



08:00 - 08:30 | *Registration and Light Breakfast*

08:30 - 11:15 | **SESSION 1: OBESITY MEDICINE**
Moderator: Juan Pablo Pantoja, MD

08:30 - 08:45 | *Opening Remarks* |  John Rodriguez, MD

08:45 - 09:15 | Current Pharmacotherapy for Obesity: Practical Use and Real-World Challenges |  Andres Acosta, MD

09:15 - 09:45 | Obesity from Different Lense: Public Health Consdierations and Reflactions |  Naser Eddin Gharaibeh, MD

09:45 - 10:15 | Bone health in Obesity and weight loss |  Susan Brian, MD

10:15 - 10:45 | From Diagnosis to Management:
Dumping Syndrome and Nutritional Deficiencies After Bariatric Surgery |  Abdullah Shatnawei, MD

10:45 - 11:15 | Weight Regain: The Elephant in the Room |  Josep Vidal, MD

11:15 - 11:30 | *Coffee Break*

11:30 - 14:00	SESSION 2: CARDIO-METABOLISM Moderator: Cynthia Salloum, MD	
11:30 - 12:00	Weight Loss & Cardiovascular Health: Impacts on Outcomes	 Firas Al Badarin, MD
12:00 - 12:30	CKM Syndrome: Is It Time for a New Clinical Paradigm	 Muriel Ghosn, MD
12:30 - 13:00	MASH & Obesity: Unraveling the Fatty Liver Connection	 Sulieman Abdal Raheem, MD
13:00 - 13:30	Obesity & Heart Failure: The Cardio-Metabolic Connection	 Nadya Al Matroushi, MD
13:30 - 14:00	Women, Menopause and Obesity : Missing Piece in Cardiometabolic Health	 Susan Brian, MD
14:00 - 15:00	Lunch Break	
15:00 - 15:30	Coffee Break	

15:30 - 18:00	SESSION 3: MANAGING OBESITY IN SPECIAL POPULATION Moderator: Suleiman Foudeh, MD	
15:30 - 16:00	Recognizing Genetic Causes of Obesity in Clinical Practice	 Rifaat Rawashdeh
16:00 - 16:30	Lipoedema: A Distinct Adipose Tissue Disorder, Not Simple Obesity	 Batool Abuhlimeh, MD
16:30 - 17:00	Obesity, Pain, and Immunity: Rethinking Joint Disease	 Rajaie Namas, MD
17:00 - 17:30	Obesity in Cancer Survivorship	 Fawad Khan, MD
17:30 - 18:00	Managing Obesity Before & After Organ Transplant	 Rabih Hijazi, MD
18:00 - 18:10	<i>Closing Remarks</i>	 Safa Hegazin, MD

08:00 - 08:30 | Registration & Coffee Break

08:30 - 11:00 | **SESSION 4: METABOLIC SURGERY**
Moderator: Nouran AlKhoori, MD

08:30 - 08:45 | Welcome Remarks |  Safa Hegazin, MD

08:45 - 09:15 | Current Trends in Metabolic Surgery: What's Changing? |  Carlos Abril, MD

09:15 - 09:45 | The Power of Partnership : When Medicine Meets Surgery |  Javed Ahmed Raza, MD

09:45 - 10:15 | Metabolic & Nutritional Complications After Bariatric Surgery |  Mohamed Haddad, MD

10:15 - 10:45 | Before the Repair: The Role of Weight Loss in Hernia Success |  Daniel Guerron, MD

10:45 - 11:00 | Debate:
Metabolic Medicine vs. Surgery - Which Is the Best Model for Weight Loss? |  John Rodriguez, MD
 Javed Ahmed Raza
 Andres Acosta, MD
 Susan Brian, USA

11:00 - 11:15 | Coffee Break

11:15 - 13:45 | **SESSION 5: BEYOND WEIGHT LOSS: LIFESTYLE MEDICINE**
Moderator: Cynthia Salloum, MD

11:15 - 11:45 | Why Most Diets Fail: Shifting the Paradigm in Medical Nutrition Therapy |  Lena Nasih

11:45 - 12:15 | The Science Behind Physical Activity & Exercise |  Georgia Walker, MD

12:15 - 12:45 | Stress & Sleep: Their Critical Roles in Obesity Management |  Muhammad Ishaq Farhan, MD

12:45 - 13:15 | Lean Mass, Sarcopenia & GLP-1 |  Sara Sulieman, MD

13:15 - 13:45 | The Weight of Desire: How Obesity Affects Sexual Health |  Omer Raheem, MD

13:45 - 14:45 | Lunch Break

14:45 - 15:15 | Coffee Break

15:15 - 17:45	SESSION 6: INNOVATION AND TECHNOLOGY IN OBESITY CARE Moderator: Daniel Guerron, MD	
15:15 - 15:45	AI in Obesity Care: A Glimpse Into the Future of Treatment	 Naser Eddin Gharaibeh, MD
15:45 - 16:15	Wearable Technologies: Transforming Patient Monitoring & Engagement	 Yazan Aljabery, MD
16:15 - 16:45	Obesity Phenotyping: Paving the Way for Precision Medicine	 Andres Acosta, MD
16:45 - 17:15	The Future and Innovations in Bariatric Surgery: The Emerging Role of AI	 Juan Pablo Pantoja, MD
17:15 - 17:45	What's Next: Triple Agonists, Combination & Beyond GLP-1	 Josep Vidal, MD
17:45 - 18:00	Closing Remarks	 Safa Hegazin, MD



ORGANIZED BY:

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