



ENDORSED BY:
ISPN
International Society of Pain & Neuroscience



3rd Pain Conference

ISPN - Middle East & South East Asia

SAVE THE DATE



December 11-12, 2026
Conference & Ultrasound Workshop
Millennium Airport Hotel, Dubai, UAE



December 13, 2026
Cadaver Workshop
Sharjah, UAE



DR. REDA TOLBA

Conference Co-Chair
Consultant, Pain Management, UAE
Clinical Professor of Anesthesiology,
Cleveland, Ohio, USA



DR. ABDULLAH TERKAWI

Conference Co-Chair
Consultant & Clinical Associate Professor
Department of Anesthesiology,
Perioperative & Pain Medicine
Stanford University, USA

MANAGED BY:



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SCIENTIFIC AGENDA



3rd Pain Conference
ISPN - Middle East & South East Asia

Day 1: Friday - December 11, 2026

07:30 Registration

08:00 Welcome to 3rd ISPN Middle East & South East Asia Pain Conference
Dr. Reda Tolba & Dr. Abdullah Terkawi

Block 1: Neuromodulation

08:30 Spinal Cord Stimulation: Placebo, Limited Efficacy or Essential Therapy?
Dr. Jose De Andres

08:50 New Modalities and Wave forms for Spinal Cord Stimulation
Dr. Sam ElDabe

09:10 Closed-Loop SCS: How Close Loop Therapy Optimizes Outcome?
Dr. Vafi Salmasi

09:30 Challenges in Spinal Cord Stimulation
Dr. Sam Elbabe

09:50 Peripheral Nerve Stimulation
Dr. Einar Ottestad

10:20 Panel
Dr. Jose De Andres, Dr. Sam ElDabe, Dr. Vafi Salmasi & Dr. Einar Ottestad
Moderators: *Dr. Reda Tolba & Dr. Asmahan Almulla*

10:50 Research Presentations (Selected Top Abstracts)

11:30 Break & Exhibits

12:00 Prayer Break & Lunch

Block 2: Headache, Facial Pain and Miscellaneous Topics

13:00 Interventional Techniques for Different Types of Headaches
Dr. Samer Narouse

13:55 An Overview of Common Fascial Pain Disorders
Dr. Emad Estemalik

14:20 Pain Management in the Obstetric Population
Dr. Rafael Blanco

14:45 Panel
Dr. Samer Narouse, Dr. Emad Estemalik & Dr. Rafael Blanco
Moderator: *Dr. Wael Saleem*

15:00 Break & Exhibits

Block 3: Radiofrequency Ablative (RFA) – UpToDate and Best Approaches

- 15:20 Lumbar Medial Branch RFA
Dr. Sameeh Maharbi
- 15:40 Cervical & Thoracic RFA
Dr. Rizq Alamri
- 16:00 Hip & Knee RFA
Dr. Nizar Alzughabi
- 16:20 Shoulder & Sacroiliac Joint RFA
Dr. Ghassan Hakeem
- 16:40 Cryoablation: Novel Applications
TBA
- 17:00 End of Day 1

Day 2: Saturday - December 12, 2026

- 07:30 Registration

Block 4: Minimally Invasive Spine

- 08:00 Minimally Invasive Lumbar Decompression
Dr. Abdullah Qatu
- 08:30 Interspinous Devices and Spacers
Dr. Mazhar Rasul
- 09:00 Minimally Invasive Sacroiliac Joint Fusion
Dr. Mazhar Rasul
- 09:30 Differentiating Vertebrogenic Pain from Discogenic Pain and the Disc-Vertebral Complex (DVC) as the Pain Generator
Dr. Jose De Andres
- 10:00 Basivertebral Nerve Ablation: The Role of Vertebral endplates in Axial Back Pain
Dr. Vafi Salmasi
- 10:30 Spinal Endoscopy Programs: Inside or Outside Pain Management Portfolio?
Dr. Jose De Andres
- 11:00 Panel
Dr. Abdullah Qatu, Dr. Mazhar Rasul, Dr. Jose De Andres & Dr. Vafi Salmasi
Moderator: *Dr. Abdullah Terkawi & Dr. Hani Al Ghamdi*
- 11:30 Break & Exhibits
- 12:00 Industry Symposium: Intelligent Neuromodulation
- 12:30 Prayer Break & Lunch

Block 5: Regenerative Medicine

13:30 **Regenerative Medicine and Tendinopathy (or BMAC for Degenerative Spine)**
Dr. Chris Robinson

14:00 **Orthobiologics & Exosomes: Evidence vs Hype**
Dr. Chris Robinson

Block 6: Cancer Pain

14:30 **Intrathecal Drug Delivery in Cancer and Non-Cancer Pain**
Dr. Denis Dupoirion

15:00 **Intrathecal Drug Delivery: The Middle East Experience**
Dr. Eric Francois

15:30 **Palliative Care & Pain in the Elderly**
Dr. Mona Tareem

16:00 **Panel**
Dr. Denis Dupoirion, Dr. Eric Francois & Dr. Mona Tareem
Moderator: *Dr. Maan Kattan*

16:15 **Break & Exhibits**

Block 7: ISPN State of the Union & Celebration

16:30 **Research Winners' Announcement and Closing**
Dr. Abdullah Terkawi & Dr. Reda Tolba

16:45 **End of Day 2**

Day 2: Saturday - December 12, 2026

Ultrasound Workshop

Leading Faculty:

Dr. Einar Ottestad, Dr. Hesham Elsharkawy, others

01:00 PM - 05:00 PM

Ultrasound of Upper Extremity Nervous System

- Brachial Plexus
- Radial Nerve
- Median Nerve
- Ulnar Nerve

Ultrasound of Lower Extremity Nervous System

- Femoral Nerve
- Lateral Femoral Cutaneous Nerve
- Sciatic Nerve
- Peroneal Nerve
- Tibial Nerve
- Sural Nerve

Ultrasound of Major Joints

- Shoulder
- Knee
- Hip
- Sacroiliac

Ultrasound of Headache & Neck Nervous System

- Greater Occipital Nerve
- Lesser Occipital Nerve
- Supra-and Infra Orbital Nerves
- Stellate Ganglion

Day 3: Sunday - December 13, 2026

Cadaver Workshop

Leading Faculty:

Dr. Abdullah Terkawi, Dr. Reda Tolba, Dr. Einar Ottestad, Dr. Mazhar Rasul, others

08:00 AM - 05:00 PM

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|----------------------------------|--------------------------------|
| 1. Spinal Cord Stimulator | 4. Posterior Sacroiliac Fusion |
| 2. Intrathecal Pump Implantation | 5. Peripheral Nerve Stimulator |
| 3. Interspinous Spacer | |



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MANAGED BY:



 Pearl Event Management Services

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