



AMERICAN ACADEMY OF AESTHETIC MEDICINE

WORLD LEADERS IN AESTHETIC MEDICINE & COSMETIC SURGERY

FACIAL AESTHETIC AND FACE THREAD LIFTING COURSE 15-16 September ,2026 UAE

Day 1: September 15, 2026

Faculty: Dr. Mucio Porto

TIME	TOPICS
08:30 – 09:00 AM	Registration
09:00 – 10:45 AM	Beauty Guidelines: Beauty concepts for more beautiful facial proportions: • “The Golden Ratio” • Asymmetry • Facial Analytic Points • Profile • Aging & Aging Process • Anatomic Layers • Facial Approach
10:45 – 11:00 AM	COFFEE BREAK
11:00 – 01:00 PM	4 F’s Facial Approach by Porto: ▪ Frame, Falling Areas, Facial Cover, Final Tips BOTULINUM TOXIN INDICATIONS ▪ Forehead, Eyebrow Lift, Glabella & Crow’s Feet ▪ Mentalis, Nasalis (Bunny Lines) & Gummy Smile ▪ Masseter & Platysmal Bands FILLERS INDICATIONS ▪ Nasolabial Folds & “Marionette Lines” ▪ Cheek & Chin Augmentation and Mandibular Line ▪ Tear Trough, Nose Reshaping & Lip Augmentation ▪ Facial Sculpting with Poly-L-Lactic Acid – PLLA Managing Complications, Pros and Cons, and Risks



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	COMBINING TREATMENTS ▪ Botulinum Toxin ▪ Fillers ▪ Biostimulators ▪ HIFU ▪ Threads ▪ Chemical Peelings ▪ Lasers & Radio Frequency ▪ Chemical Liposuction Planning and how to effectively combine?
01:00 – 01:10 PM	Group Photo Session
01:10 – 02:00 PM	LUNCH
02:00 – 05:30 PM	LIVE DEMONSTRATION and PRACTICAL HANDS-ON WORKSHOP
05:30 PM	End of Day 1



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Day 2: September 16, 2026

Faculty: Dr. Mucio Porto

08:30 – 10:30 AM	➤ Basics of Fixation and Lifting Effects ➤ Methods of Anchoring ➤ Methods of Fixation ➤ Classical Indication Review ➤ Learn Special indications ➤ Discover New Indications ➤ Eyebrow Lifting ➤ Nose Threads: Suspension of Filling ➤ Nose Threads and Fillers ➤ Up to date of Threads ➤ Korean Way: Do's and Don'ts ➤ Analyzing the face and understanding the differences ➤ When to say No and When to do?
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 12:30 PM	THREAD LIFTING BEFORE AND AFTER ➤ Botulinum Toxin and Fillers ➤ Lasers and other LBD MYTHS: ➤ Threads & Surgical Face Lifting ➤ Threads & Skin Heating ➤ Threads & Aging TRUTHS: ➤ Threads & Face Lifting Effects ➤ Threads as Ancillary Procedure of Sculptra ➤ Threads as Ancillary Procedure of Fillers & Fat ➤ Threads as Ancillary Procedure of PRP How to follow up? How to deal with complications?
12:30 – 01:30 PM	LUNCH BREAK
01:30 – 05:30 PM	LIVE DEMONSTRATION and Practical Hands-on Workshop on Face Thread Lifting
05:30 PM	Course Ends – Feedback and Distribution Certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes