



AMERICAN ACADEMY OF AESTHETIC MEDICINE

WORLD LEADERS IN AESTHETIC MEDICINE & COSMETIC SURGERY

MASTERS IN FAT TRANSFER FOR FACE & BODY UNDER LOCAL ANESTHESIA September 17-18, 2026 UAE

Day 1: September 17, 2026

Faculty: Prof Mucio Porto

08:30 – 09:00 AM	Registration
09:00 – 10:30 AM	➤ History & Basic Science ➤ History of Body Contouring Technique ➤ Difference Between Wet & Dry Body Contouring PRINCIPLES OF THE TECHNIQUE: • Devices, Correct Plan & Safety Basic Technique The "GOLDEN TRIANGLE": HARVEST/ PREPARE/ INJECTION HOW TO HARVEST? • The power of your hand • Syringes, Types and Volumes • Cannulas Shape and Size • Vibro & Ultrasound • Laser: Basic Concepts and Various Wavelengths HOW TO PREPARE AND WHEN TO CENTRIFUGE? ➤ THE STEM CELLS THEORY ➤ When to use the full Injection? ➤ The New Devices ➤ How to Inject? : The Multiple Techniques
10:30 -10:45 AM	COFFEE BREAK
10:45 – 01:00 PM	➤ PRP for the Enriched Fat ➤ Options for PRP Preparation Techniques for PRP Injection Specific Techniques ➤ Conducting the Efficient Consultation ➤ The Best Indications BEAUTIFICATION USING FAT: Hand, Face, Breast & Buttocks FATS FOR RECONSTRUCTIVE PURPOSES: • Scars & Keloids • Minimal Defects



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	• Contraindications Understanding the Options: • Implants Against Fat Injections • Localized and Tumescent Against Reshaping and General PRE-OPERATIVE PREPARATIONS: • Exam • Blood Reserve • Photo Documentation • Informed Consent Staff Requirements, Basic Supplies & Equipments AT THE OPERATING ROOM: • Demarcation • The patient preparation: Anesthesia • The patient manipulation POST-OPERATIVE CARE: • Dressing & Post-Operative Medication ➤ COMPLICATIONS: How to avoid & How to treat? ➤ RESULTS ➤ IMPORTANT PEARLS
01:00 – 02:00 PM	LUNCH
02:00 – 05:30 PM	LIVE DEMONSTRATION and Practical Hands-on Workshop on FAT TRANSFER
05:30 PM	End of Day 1



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Day 2: September 18, 2026

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09:00 - 11:30 AM	Practical Hands-on Workshop on FAT TRANSFER
11:30 - 12:30 PM	LUNCH
12:30 - 05:30 PM	Practical Hands-on Workshop Continues on FAT TRANSFER
05:30	Course Ends – Feedback & Distribution of Certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes.