



Ultrasound Guided Regional Anaesthesia Course
Dubai-UAE 26 - 27 SEP 2026



PROGRAMME

DAY 1: SATURDAY 26th SEP 2026

08:30-09:00	Tea/Coffee and Registration	
09:00-09:45	Lectures: Welcome Local Anaesthesia: Pharmacology Complications	Sameer Bhandari
0945-10:30	Practical: US machine, probe, scanning, basic sono-anatomy Practical: Needling In-Plane/ Out-of-plane	
10:30-11:00	Tea/Coffee Break	
11:00-12:45	UPPER LIMB Sono-Anatomy Demonstration WORKSHOPS: Supraclavicular and Interscalene Axillary, Elbow & tracking down	Sameer Bhandari
12:45-13:30	Lunch	
13:30-14:45	LOWER LIMB Sono-Anatomy Demonstration WORKSHOPS: Femoral, LFCN, Saphenous & Sciatic	Sameer Bhandari
14:45-15:15	Tea/Coffee Break	
15:15-16:30	Lectures: Controversies in R.A. Additives Recent Advances	Sameer Bhandari

CPD Matrix Codes covered: 1A02, 1A03, 2A03, 2G01, 2G02, 2G03, 2G04 and 3A09



DAY 2: SUNDAY 27th SEP 2026

08:00-08:30	Registration/ Recap of Day 1/ Block Videos	
08:30 –09:45	<i>ABDOMEN</i> Sono-Anatomy Demonstration WORKSHOPS: Rectus sheath & TAP block	Sameer Bhandari
09:45-11:00	ESP BLOCK Sono-Anatomy Demonstration WORKSHOPS: Erector Spinae Plane Block	Sameer Bhandari
11:00–11:30	Tea/Coffee Break	
11:30 –13:00	<i>SPINAL & EPIDURAL</i> Sono-Anatomy Demonstration WORKSHOPS: Spinal & Epidural	Sameer Bhandari
13:00-13:45	Lunch	
13:45 –15:30	FREE SCANNING	

CPD Matrix Codes covered: 1A02, 1A03, 2A03, 2G01, 2G02, 2G03, 2G04 and 3A09

Endorsed by The Royal College of Anaesthetists, London

